

Surgery Information

My Surgery is Scheduled for:

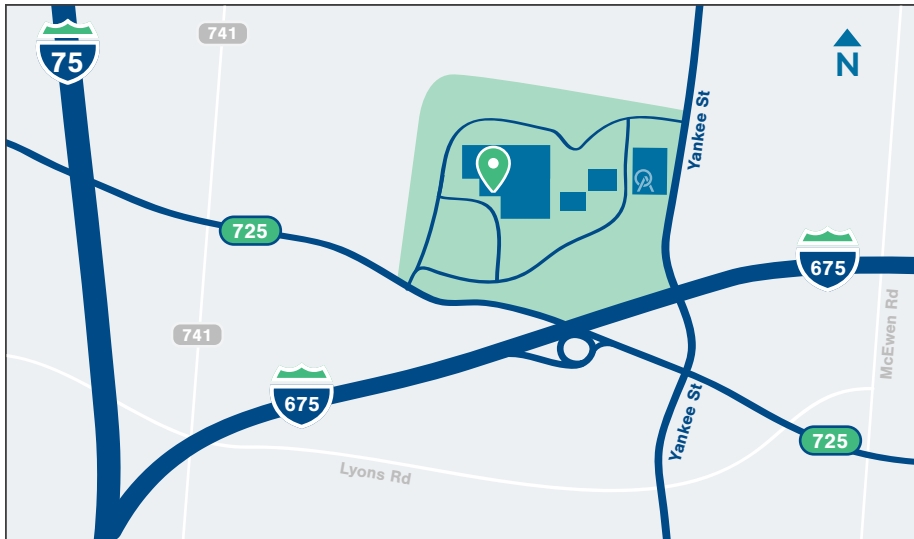
Day: _____

Date: _____

Time: _____ / _____
Arrival Time Surgery Time

First Post Op Appointment: _____

First Therapy Appointment: _____



Enter the Hand & Orthopedic Center of Excellence through the main entrance at Southview Medical Center

Hand & Orthopedic
Center of Excellence



ORTHOPEDIC ASSOCIATES

OADOCTORS.COM | 800.824.9861

Southview Hospital : 1997 Miamisburg-Centerville Road, Dayton, Ohio 45459
P - 937-401-6003 F - 937-4016073 | Oadoctors.com/specialty/HOCE

Hand & Orthopedic
Center of Excellence



Preparing for Surgery

Orthopedic Associates of SW Ohio and your surgeon, in partnership with Southview Medical Center, have made a financial commitment to the development and operations of this facility in order to better direct your surgical care.

To make your surgical experience as comfortable as possible, we recommend that you adhere to the following guidelines:

24 Hours Before Surgery:

Call your physician immediately if you notice a change in your health between the time you see your surgeon and the day of your procedure.

Diet:

- Do not eat or drink anything after midnight before surgery or on the day of surgery; any exceptions will be explained by our qualified staff to include medications for heat, lungs and diabetes.
- Do not drink alcohol 24 hours prior to your surgery.
- Do not smoke for at least 12 hours before and after surgery.

Who/What to Bring:

- Arrange for a responsible adult to drive you to the center, stay at the center during your surgery, and drive you home when discharged.
- Wear comfortable casual clothing (no panty hose), low heeled shoes, and remove all makeup and fingernail polish.

- Insurance card, driver's license/I.D. and method of payment for insurance co-payments and deductibles.
- Be sure to bring glasses and hearing aids, but please remove contact lenses.
- Please leave all valuables and jewelry at home (we are not responsible for lost items).

Administrative Procedure:

- A clinical representative will contact you by telephone prior to your scheduled date of surgery.
- Information will be gathered regarding your medical history.
- You will be provided with any special instructions
- We will verify your insurance, confirm that your surgery is authorized, and inform you of your portion of co-payment or deductible that will be due prior to your surgery.

When You Arrive

Timing:

- Report to the receptionist at your scheduled arrival time (this time may be 2 hours prior to your surgery time).

Administration:

- Once registered, you will be taken to the pre-operative area where your vital signs will be assessed.
- If you require sedation or general anesthesia, an anesthesiologist will meet with you to discuss and arrange your anesthesia care

Surgery Expectations:

- Anesthesia services are provided by highly qualified professionals.
- If anesthesia is required, your anesthesia provider will perform pre-anesthesia assessment and answer any questions you may have.
- Make sure to discuss with your anesthesiologist any medications you are currently taking, even over-the-counter drugs and herbal supplements.
- The type of anesthesia will be determined in consultation with your surgeon.

After Surgery:

Recovery:

- Immediately following surgery, you will be taken to the recovery area where you will be closely monitored by our professionally trained staff.
- The amount of time you spend in recovery depends upon the type of surgery and anesthesia you received.
- You will not be permitted to leave the Center alone or to drive yourself home.
- If you received general anesthesia or sedation, it is important that you not drive or drink alcohol for 24 hours following surgery.

Family:

- Have one family member or friend accompany you to the facility.
- Please be advised that children may not be left unattended or enter the recovery area.

Discharge:

- Be sure you understand your physician's instructions.
- The nurses will instruct you about medication, diet and rest requirements.
- After surgery and at the time of discharge you may feel sleepy, tired and dizzy.

Home Needs:

- Please arrange for a responsible adult to remain with you for 24-hours after surgery.
- A nurse will contact you within 24-72 hours after discharge to evaluate your progress and answer any questions you may have.
- If you experience difficulties or complications once you return home, please call your surgeon immediately.
- If you cannot reach your surgeon or the doctor on call, please proceed to the nearest emergency room.

Questions and Contact Info:

Please call our staff with any questions during normal business hours.
 Hand and Orthopedic Center of Excellence
 P: 937-401-6003 | Hours: 6:00 am - 5:00 pm, Monday - Friday
Oadoctors.com/specialty/HOCE

Tips for a Successful Recovery:

Take it easy until your physician says you can resume normal activity. Follow instructions for diet, rest and medication.